

SPA MARINE

PRICELIST 2020

Trading hours: Mondays to Fridays, 8:00 – 18:00, Saturdays 8:00 – 17:00, Sundays closed

HANDS & FEET

Cut & File	15min	R 75
Cut, File & Paint	30min	R130
Cut, File, Cuticle Work & Paint	45min	R150
Exfoliating Foot Scrub, Hard Skin Removal & Massage	30min	R150
Spa Manicure	60min	R250
Cut, file, cuticle work, soak, exfoliate, massage & colour/French paint.		
Spa Pedicure	75min	R300
Soak, exfoliate, hard skin removal, cuticle work, cut, file, massage & colour/French paint.		

GELISH TREATMENTS

Gelish Application	60min	R300
Cut, file, cuticle work & Gelish application (colour or French).		
Gelish Manicure	75min	R350
Gelish application on the nails, with exfoliation & relaxing massage up to the elbows.		
Gelish Pedicure	90min	R400
Gelish application on the feet with hard skin removal, exfoliation & relaxing foot massage up to the knees.		
Soak off when Re-applying	20min	R 80
Soak off, Cut, File & Buff	30min	R150
Nail Repair		R 40 per nail

OPTIONAL EXTRAS

Rejuvenating Hand Treatment	60min	R300
An intensive exfoliating, smoothing, toning & regenerating treatment for age spots, ageing & drying hands.		
Medi-Heel Treat	45min	R250
A combination of glycolic and lactic acids peel and exfoliate dry, cracked skin on the feet. Best heel treatment!		
Paraffin Mask & Massage	20min	R100
Indulge your hands or feet in this nourishing and warming hand or foot mask (with massage included)!		
Nail Art - Gemstone		R 5 per one
Nail Art - Sticker		R 10 per nail
Nail Art – Hand painted		R 30 per nail

SUNLESS TANNING

Caribbean Spray Tan Application	60min	R350
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TINTING

Brow Tint	15min	R 80
Lash Tint	20min	R100
Lash & Brow Tint	30min	R150

HAIR REMOVAL

Waxing - we use Depilève hot wax to remove unwanted hair on the face, underarms or bikini area. Depilève strip wax is used on the legs, arms, chest and back. Please notify your therapist if you are on any skin thinning medication.

Threading is recommended for sensitive or reactive skin or clients using Roaccutane. We safely and effectively remove any facial hair with a cotton thread and powder.

Epilfree uses plant and herb extracts like Lady's Mantle and Eucalyptus, to slow down the hair growth process, resulting in permanent hair reduction. Epilfree is effective on all skin and hair types. Results may vary, but most clients see best results between 6 -12 treatments.

		Thread	Wax	Epilfree
Lip	15min	R 85	R 80	R 275
Nose	15min	-	R 80	R 275
Brows	20min	R 95	R 90	R 300
Chin	20min	R110	R100	R 350
Ears	20min	-	R100	R 350
Cheeks	20min	R140	R125	R 450
Full Face (including brows)	30min	R300	R275	R 850
Underarms	20min		R125	R 400
Half Arms	30min		R165	R 600
Full Arms	45min		R200	R 850
Tummy Line	15min		R100	R 400
Standard Bikini	20min		R175	R 500
Brazilian (deep bikini line)	30min		R275	R 750
Hollywood (all off)	45min		R350	R 950
G-String	30min		R140	R 500
½ Back / ½ Chest	30min		R220	R 600
Full Back / Chest	45min		R275	R 900
½ Leg (including knee)	45min		R220	R 900
¾ Leg	45min		R270	R1100
Top of Leg	30min		R220	R 900
Full Leg	60min		R300	R1500

LASHES

LASH LIFT

90min

R500

Give your natural lashes a lift (or a lash perm). Lasts up to 6 weeks & includes a lash tint. This is a great alternative to lash extensions and "lifts" straight, downturned natural lashes.

INDIVIDUAL LASH EXTENSIONS

Full Set	120min	R550
2 Week Fill	60min	R300
3 Week Fill	75min	R350
4 Week Fill	90min	R400
5 Week Fill	120min	R450
Lash Removal (includes lash tint)	45min	R200

MAKE-UP & HAIRSTYLING

Bridal

Make-up & Trial – incl. brow shape, lashes & touchup bag	150min	R1500
Hair Styling & Trial	150min	R1000

Mother of the bride/Mother in Law

Make-up – incl. brow shape & lashes	60min	R500
Hairstyling	60min	R400

Bridesmaids

Make-up – incl. brow shape	45min	R400
Hair Styling	30min	R400

Special Occasion

Make-up – incl. brow shape	45min	R500
Hair Styling	45min	R400
Add lashes (strip or individual options available)	15min	R100
Themed Make-up (Halloween, animated, fairy, age-related)	120min	R950

Personalised Make-up Lesson

150min R950

Group Lesson (4 or more, price per person)

R450

Travel fee (if not in Helderberg area) R5/km

PERMANENT MAKE-UP (PMU)

Permanent make-up can provide a great alternative to those who suffer from hair loss, alopecia, over-tweezing or thinning eyebrows. It can also be a great alternative to the athlete who needs to look her best at all times or someone who suffers from very sensitive eyes or allergies. This alternative is smudge proof and saves you time to get ready in the mornings.

	1 st Session	Touchup Session
EYEBROWS		
Microblading	R1200	R 800
- Very natural hair stroke appearance, for the more conservative approach.		
Powder Brows (also known as Shading)	R1200	R 850
- Soft solid “tinted” look (best method to use on oily skin)		
Ombre Brows	R1200	R 850
- Shaded “filled in” brows look (from light to dark)		
Hybrid Brows	R1500	R1100
- Best of both worlds: get hair strokes and shading combined. Recommended for complete hair loss clients.		
EYELINERS		
Bottom	R 850	R 700
Top	R1100	R 800
Top & Bottom	R1500	R1000
LIPS		
Lip Liner Blend	R1100	R 800
Full Tinted Lips	R1750	R1100
AREOLA		
Single	R1200	R 850
Pair	R2000	R1500

PLASMA PEN

The Plasma Pen procedure significantly tightens lifts, resurfaces and regenerates practically any area of the skin. It is suitable for loose skin, fine lines and wrinkles, scars, skin tags, moles and pigmentation. Not recommended for skin type 4-7 (due to the risk of hypopigmentation) or pregnant clients. It delivers similar results as cosmetic surgery without the risk, cost or recovery time. It is non-invasive and pain is minimal. A numbing agent is applied for the client's comfort, and the entire procedure lasts approximately 30 – 60 minutes, depending on the area to be treated. As the plasma flash comes into contact with the skin, it leaves a tiny dot on the skin's surface, referred to as "carbon crusts", which gives an immediate tightening effect to the surrounding skin. They are quite small and will usually fall off within 5 – 10 days after the treatment, revealing new pink skin beneath. Most clients will notice some swelling and tenderness for about 3 – 5 days post treatment, particularly around the eyelids as they are most sensitive.

CONSULTATION

R 250

All plasma pen treatments must include a consultation to explain the procedure and necessary after care instructions, as well as determine if you are suitable for the chosen treatment.

REMOVAL (excludes consultation fee)

Removal per skin tag	R 50
Removal per mole	R 100
Removal of pigmentation/ faded tattoo:	
- Small Area (1 – 4 cm)	R 300
- Medium Area (5 – 8 cm)	R 450
- Large Area (9 – 12 cm)	R 650

SKIN LIFTING & FIRMING (includes consultation fee)

Upper Lip	45min	R 450
Chin	45min	R 600
Upper Eyelids	90min	R1250
Under Eye & Expression Lines	90min	R1250
Cheeks & Nasal Folds	90min	R1500
Neck	90min	R1500

MICRONEEDLING

Microneedling stimulates the production of new collagen in the skin by puncturing the dermis with microscopic needles. The treatment utilises the skin's ability to heal itself. In addition to treating enlarged pores, fine wrinkles, loss of elasticity, minor scarring (including acne scarring) and sun damage, it also enables topical products to penetrate deeper into the skin, increasing their effectiveness. Microneedling is suitable for all skin types (except active acne). Numbing cream will be applied 20-30 minutes prior to your treatment.

FACE

Full Face	60min	R1000
Full Face & Neck	90min	R1250

BODY

Small Area (10 x 10 cm)	45min	R 850
Medium Area (20 x 20 cm)	60min	R1000
Large Area (30 x 30 cm)	90min	R1250

ADD ONS

Add any peel, prior to your microneedling	45min	R 500
Add a medical grade serum, with firming sonophoresis	60min	R 500

REGIM A FACIALS & SKIN PEELS

Regim A uses natural fruit acids to deeply exfoliate dry, dead layers of skin. It improves uneven skin texture, blemishes, scarring, pigmentation, acne and pre-mature ageing.

Skin Analysis & product recommendation (purchase 3 or more products and get your skin analysis free)	30min	R200
Teenager Deep Cleanse For congested, blocked, problematic skins	60min	R400
Initiation Peel Introductory peel for very sensitive, dry, dehydrated skins	45min	R380
Initiation Facial Indicated for clients who is new to the Regim A range and who needs a deeper level of exfoliation, with a facial.	75min	R490
Rapid Rejuvenating Peel This peel gives the skin an instant luminosity, with rejuvenating benefits that soften lines and promotes rapid healing.	45min	R450
Rapid Rejuvenating Facial For Regim A clients who want to progress to a more active method of rejuvenation, with a peel and facial combo.	75min	R550
Acne Attack Peel This treatment is recommended for active acne sufferers ONLY	45min	R450
Acne Decongesting Facial This treatment is suitable for any client with active acne, who would like the luxury of a facial.	75min	R550
30% Power Peel Recommended for sun damaged, dry, dehydrated, pigmented, scarred and ageing skins.	45min	R485
30% Delux Power Peel Get a relaxing 15 minute back massage, with the 30% power peel and luxury facial experience.	120min	R750
50% Power Peel Strongest peel – not recommended for Indian or Asian skins.	45min	R630
50% Deluxe Power Peel Get a relaxing 15 minute back massage, with the 50% power peel and luxury facial experience.	120min	R90
Double Impact Peel We use Acne Attack Pro Masque with the 50% Peel, for stubborn pigmentation and deep seated wrinkles.	60min	R850
Instant Radiance Facial Moisturising facial for dry, dehydrated skin (including anti-ageing Neck Treatment)	60min	R550

ENVIRON ADVANCED FACIALS

The pioneering Environ Ionzyme DF Machine combines two technologies – low frequency Sonophoresis (sound waves) and pulsed Ionthophoresis (electric current) to create tiny pathways in the skin to assist in delivering more essential nutrients to where they are needed most.

Skin Analysis & product recommendation (purchase 3 or more products and get your skin analysis free)	30min	R200
FOCUS-ON Eye Treatment Targets the appearance of wrinkles & dehydration around the eyes, with electro-sonic current.	30min	R330
FOCUS-ON Frown Treatment Targets the appearance of expression & frown lines, with electro-sonic current.	30min	R330
ESSENTIAL Vitamin Touch Facial A vitamin booster facial with steam, extractions, massage, mask and scalp massage.	60min	R500
ESSENTIAL DF Facial Machine Facial Two technologies (Sonophoresis & Ionthophoresis) are combined in this luxurious facial, for lasting results.	90min	R770

MASSAGES

30 MINUTE MASSAGES

R300

Reflexology – pressure point massage using the zones on the feet as maps of the body that correspond to organs and systems, to restore the free flow of energy to the whole body.

Scalp Massage – relaxing scalp massage with pressure points, to relieve migraines & headaches.

Back, Neck & Shoulder Massage – relieve tense muscles in your neck, lower back and shoulder blades.

45 MINUTE MASSAGES

R400

Indian Head Massage - An ancient method used to stimulate blood flow and relieve tense muscles in the scalp, neck and shoulder areas.

Back, Neck, Shoulder & Scalp Massage – Indulge in a relaxing full back massage, including the scalp.

Hot Stone Back, Neck & Shoulder Massage – We comfort your muscles into relaxation by the warmth induced through heated basalt stones.

60 /90 MINUTE MASSAGES

R500/ R600

Swedish Full Body Massage – If one hour of bliss just isn't enough, prolong your session to 90minutes.

Aromatherapy Massage – We use essential oils to deeply relax body and mind

Hot Stone Massage – Indulge in this warming and relaxing massage, given with heated basalt stones.

African Wood Deep Tissue Massage – A deep pressured massage using African wood pieces, to relax deep seated tension in muscles and joints.

Kahuna Massage – A rhythmic, medium to deep pressure massage using forearms, knuckles, elbows and thumb pressure.

BODY TREATMENTS

Purifying Back Treatment

60min

R500

Body Exfoliation

30min

R250

A full body salt exfoliation, to remove dry, dead skin cells - for smoother, glowing skin.

Body Enhancing Peel & Polisher

90min

R600

A luxurious body peel, using fruit acids, for the reduction of pigmentation and dry rough skin patches!

Relaxing Body Cocoon

90min

R600

A relaxing body treatment, with full body salt exfoliation, massage and seaweed wrap.

Slimming Body & Sculpting Treatment

90min

R550

A detoxifying body treatment, to reduce excess water and waste buildup, to promote healthier, firmer skin.

TEETH WHITENING

The Pure Smile self-administered kit, in combination with our LED light, ensures 2-4 shades lighter teeth. It contains no peroxide, is 100% natural and is safe to use. It is recommended to follow a "white diet" for 24 hours after the procedure, for best results.

45min

R850

GUIDELINES

- Bookings in advance are recommended (especially during busy periods where we might have limited availability).
- Please arrive 10 minutes prior to your scheduled treatment time to complete a client card and enjoy refreshments.
- In spirit of mutual respect, we kindly request punctuality.
- Please ensure that your mobile phone is switched off or on silent during your visit to the salon.
- Late arrivals will result in a reduction of treatment time, whilst the full treatment fee will apply.
- We regret that “no shows” will be requested to pay the full amount for the treatments booked.
- Regrettably children under the age of 12 years (unless they are receiving a treatment) cannot be accommodated as their behavior is often disruptive.
- Spa Marine Wellness & Make-Over Centre is not responsible for any theft, damage, loss or misfortune that may occur.
- All prices are VAT inclusive and are subject to change without notice.
- Disclaimer – terms and conditions are subject to change.

CANCELLATION POLICY

- 24 Hour notice is required for cancellations and rescheduling. Failing this, 50% of the treatment fee will be charged with your next treatment.

DISCOUNTS

- **Loyalty Card** – Regular clients will be rewarded with a loyalty card, which gives an average amount spent back in treatments, after 11 visits to the salon. Discounted treatments cannot be used on the Loyalty Card.
- **Pensioners Card** – Pensioners will get the loyalty card benefits plus a further 10% discount on all treatments, on Tuesdays and Wednesdays only. Discounted treatments cannot be used on the Pensioners Card.
- **Birthdays** – Upon presentation of your ID, you will get a 20 % discount on all treatments done within your birthday week.
- **Massage Mondays** – Get 15% discount on all massages, every Monday.

GIFT VOUCHERS

A gift voucher (of any amount) makes the perfect gift for any occasion (whether it is for a birthday, anniversary or a corporate function) and is valid for 3 years from the date of issue.

CONTACT US

Tel: 021 853 1949 Email: spamarine@gmail.com
Hibernian Towers, Shop 10, C/o Sarel Cilliers & Beach Road, Strand, 7140
www.spamarine.co.za