

PRICE LIST

SEPTEMBER 2022 – AUGUST 2023

Trading hours: Mondays to Fridays 9:00 – 18:00, Saturdays 8:00 – 17:00, Sundays & 24 - 27 Dec & 1 Jan closed.

MASSAGES

**Massage Mondays** – Get 15% discount on all massages, every Monday.  **Our male masseuse - Johan Carstens -**can be organized on request. He specializes in Deep Tissue and Sports Massage.

**30 MINUTES R350**

**Reflexology** – is a therapeutic pressure point massage on the feet, to restore and balance the body’s ability to heal itself.

**Scalp Massage** – is a relaxing scalp massage, to relieve sinus pain, migraines & headaches.

**Back, Neck & Shoulder Massage** – to relieve tense muscles in your neck, shoulder blades, upper, and lower back.

**45 MINUTES R450**

**Indian Head Massage** – this vigorous scalp massage may relieve migraines or tension in the scalp.

**Back, Neck, Shoulder & Scalp Massage** – a relaxing back, neck, shoulder and scalp massage, to relieve stress.

**Hot Stone Back, Neck & Shoulder Massage** – warm, soothing basalt stones are used to soothe and calm tense muscles.

**60 / 90 MINUTES R550 / R650**

**Swedish** **Full Body Massage** – emphasises long strokes, kneading, and friction motions to encourage blood circulation.

**Aromatherapy Massage** – a medium pressure massage using essential oils, aiding relaxation (avoid during pregnancy).

**Hot Stone Massage** – indulge in this warming, soothing, and calming massage with heated basalt stones.

**African Wood Deep Tissue Massage** – a deep tissue massage using African wood pieces, to treat deep seated tension.

**Kahuna Massage** – a rhythmic, medium to deep pressure massage using forearms, knuckles, elbows, and thumb pressure.

**ADD ONS**

**Exfoliation with Steam on Back** – to improve circulation and aid in removal of dry dead skin cells. **R100**

**Mud Mask on Back** – to detoxify and cleanse skin impurities. **R100**

**Muscle Gel** – applied on painful muscle spasms, to help soothe muscle tension and eliminate toxins. **R 50**

HANDS & FEET

Cut & File R 80 Soak Off: Gelish / Hard Gel or Acrylic R100/R150

Cut, File & Paint (with nail varnish) R150 Nourishing Paraffin Mask R150

Medi-Heel Treatment R250 - includes a relaxing hand or foot massage

**HANDS** **FEET**

**Express Manicure** R200 **Express Pedicure** R200

- Cut, file, cuticle work & paint (no exfoliation or massage) - Cut, file, hard skin removal & paint (no exfoliation or massage)

**Spa Manicure** 60 min R300 **Spa Pedicure** R350

- Cut, file, cuticle work, exfoliate, massage & paint - Soak, exfoliate, hard skin removal, cuticle work, cut, file, massage & paint

**Gelish Application on Hands** 60 min R350 **Gelish Application on Feet** R350

- Cut, file, cuticle work & instant dry gel application - Cut, file, cuticle work & instant dry gel application

**Gelish Manicure** 75 min R400 **Gelish Pedicure** R450

- Gelish application, with exfoliation & relaxing hand massage - Gelish application with hard skin removal, exfoliation & relaxing foot massage

**Spa Marine Deluxe Manicure** R450 **Spa Marine Deluxe Pedicure** R600

- Gelish Manicure with warm paraffin mask and 15min neck massage - Spa Pedicure with Medi-Heel peel, paraffin mask & hot stone massage

- Choose between normal paint or gelish application

HAIR REMOVAL

**Waxing** - we use Depiléve *hot wax* to remove unwanted hair on the face, underarms or bikini area. Depiléve strip wax is used on the legs, arms, chest, and back. *Please notify your therapist if you are on any skin thinning medication, as a precaution before a wax.*

**Threading** is recommended for sensitive or reactive skin or on clients using Roaccutane or other skin thinning medication. We safely and effectively remove any facial hair with a cotton thread and powder. Threading cannot be done on the body, due to time limits.

**Permanent Hair Reduction** – Epilfree works in conjunction with a regular wax or thread routine and is applied post-epilation to the treated area. Hair will become finer and thinner with each session. Unlike laser, Epilfree works on all skin types and hair colours, and does not limit you to sun exposure, etc.

**FACE Wax/Thread Epilfree BODY Wax Epilfree**

Upper Lip / Nose R 100 R290 Underarms R150 R390

Brows/ Ears R 100 R300 Full Arms R220 R470

Chin R120 R310 Tummy Line R120 R360

Cheeks R140 R450 Standard Bikini R200 R445

Full Face - lip, chin, cheeks, brows R300 R850 Brazilian (deep bikini line) R300 R545

Hollywood (all off) R385 R635

**EPILFREE PACKAGES (per person – no sharing)** ½ Back / ½ Chest R250 R490

Buy 3 sessions & get 10% discount Full Back / Chest R300 R545

Buy 5 sessions & get 15% discount ½ Leg (including knee) R250 R500

Buy 10 sessions & get 20% discount ¾ Leg R300 R550

(Advance payment is needed to qualify for the above discounts) Top of Leg R250 R500

Full Leg R350 R600

LASHES

**LASH LIFT/CURL** **INDIVIDUAL LASH EXTENSIONS**

-Perms straight, downturned natural lashes R500 Full Set R600

-May last up to 6 weeks 2 Week Lash Fill R350

-Includes lash & brow tint & brow wax 3 Week Lash Fill R395

4 Week Lash Fill R450

**LASH TINT** R110 Lash Removal R100

**LASH & EYEBROW TINT** R165

EYEBROWS

**BROW WAX/THREAD & SHAPING** R 100 **BROW TINT**  R 100

**BROW LAMINATION**  R 400 **HENNA BROWS**  R 350

For fluffy, thicker looking eyebrows Stains the skin and hair for longer

Includes brow shape & tint Includes brow shape

MAKE-UP & HAIRSTYLING

**BRIDAL SPECIAL OCCASION**

Make-up & Trial – incl. brow shape, lashes & touchup bag R1500 Make-up – incl. brow shape & lashes R600

Hair Styling & Trial R1000 Hair Styling – up styles, messy buns, curls, etc. R450+

**MOTHER OF THE BRIDE/GROOM ARTISTIC MAKEUP**

Make-up – incl. brow shape & lashes R 600 Themed Make-up & Hairstyling – animated, etc.. R1100+

Hairstyling – blow dry, curls, upstyles, etc. R 450 **PERSONALISED MAKEUP LESSON** – 2 hrs R1250

**BRIDESMAIDS GROUP LESSON** (minimum 4 – 2hrs, with notes) R450pp

Make-up – incl. brow shape (no lashes) R 500 **Travel fee** R5/km

Hair Styling – loose curls/different types of plaits R 400

SEMI-PERMANENT MAKEUP (PMU)

**EYEBROWS First Session Touch-up EYELINERS First Session Touch-up**

Microblading – Manual hair strokes R1350 R 1000 Bottom R 950 R 800

Powder Brows – Shading R1350 R 1000 Top R1200 R1000

Nano Brows - Hair strokes with Machine R1400 R 1100 Top & Bottom R1500 R1200

Hybrid – Hair strokes & Shading combo R1500 R1200

**- Touchup prices will ONLY be charged on our own work.**

**LIPS First Session Touch-up - Please avoid blood thinning medication 1 week prior to your appointment.**

Full LipsR1750 R1250 **- Do not stop your chronic medication without your doctor’s consent.**

Lip Liner R1200 R1000 **- We cannot work on pregnant or breastfeeding clients.**

FIBROBLASTING

Plasma Fibroblast Therapy is an absolute revolutionary noninvasive non-surgical procedure designed to tighten and lift loose, saggy or ageing skin. It is especially amazing for tightening and diminishing saggy skin around the whole eye area. The Plasma Pen probe creates an electrostatic charge at its tip; the heat from this is transmitted to the dermal layer causing a micro-trauma, which in turn stimulates an inflammatory response and the release of histamine. This natural healing response stimulates fibroblasts, cells in the dermis that produce collagen and elastin, which make the skin strong and more elastic. The extra collagen and elastin thicken the dermis, tightening and smoothing the surface epidermal layer. Whilst in many cases results are instantly visible, skin just continues to get better and better with total remodeling complete at 3 months post procedure. This treatment is not suitable for pregnant/ breastfeeding clients; or Fitzpatrick skin type 4-7 (due to the risk of hyper or hypopigmentation).

Upper Eyelids R1250 Frown Lines R 750

Under Eyelids R1250 Forehead Lines R1200

Top & Bottom Eyelids R2000 Full Forehead R1500

Crow’s Feet (expression lines) R1200 Nasal Labial Folds R 1200

Upper Lip R 850 Cheeks R1800

Chin R1200 Full Face R2500

Full Mouth Area R2000 Neck R1950

**Skin Tag Removal**  R 300+ **Mole Removal**  R 350+

Per extra tag R 35 Per extra mole R 75

SKIN NEEDLING

Skin needling stimulates the production of new collagen in the skin by puncturing the dermis with microscopic needles. The treatment utilises the skin’s ability to heal itself. In addition to treating enlarged pores, fine wrinkles, loss of elasticity, minor scarring (including acne scarring), and sun damage, it also enables topical products to penetrate deeper into the skin, increasing their effectiveness. Skin needling is suitable for all skin types (except active acne). Numbing cream will be applied 20-30 minutes prior to your treatment.

**FACE BODY** (for stretch marks, skin tightening & scars)

Full Face R1250 Upper Arms/Lower Arms R1400

Full Face & Neck R1400 Abdomen/Lower Back/Love Handles R1500

Full Face, Neck & Décolleté R1500 Thighs R1750

ADVANCED FACIALS & SKIN PEELS

**Our Skin Ranges**

Both our skin ranges, Environ and Regim A, are proudly South African and therefore cost effective. It does not contain any fragrances or colourants, which may cause a reaction in sensitive skin. We do not support animal testing and we believe in long-term results. Environ has been developed by a plastic surgeon and Regim A by a dermatologist.

**ENVIRON**

**Instant Glow FOCUS Treatment** (machine treatment) **30min R400**

It uses low frequency electro-sonic current (sound waves) to focus on fine lines around the eyes, forehead and/ or lip areas.

**QUICK FIX Facial** **30min R350**

An express facial to relax facial muscles with a face, neck & décolleté massage and hydrates tired looking skin.

**ESSENTIAL** **Vitamin Touch Facial**  **60min R600**

This relaxing facial includes a cleanse, exfoliation with steam & extractions, face & neck massage, mask & scalp massage.

**ULTIMATE DF Machine Facial** (manual & machine treatment) **90min R850**

The DF Machine combines Sonophoresis and pulsed Ionthophoresis (electric current) to increase product absorption by up to 70% into the skin, compared to other manual facials.

**REGIM A**

Regim A uses natural fruit acids to deeply exfoliate dry, dead layers of skin. It improves uneven skin texture, blemishes, scarring, pigmentation, acne and premature ageing.

**Instant Radiance Facial 60min R600 Teenager Deep Cleanse 60min R500**

Moisturising facial for dry and dehydrated skin For congested, problematic teenager skin

**Skin Peels 45min+ Facials with Peels 75min**

Initiation Peel (first time peel client) R450 Initiation Facial R550

Rapid Rejuvenating Peel (for premature aging) R550 Rapid Rejuvenating Facial R650

Acne Attack Peel (for active acne only) R550 Acne Decongesting Facial R650

30% Power Peel (for ageing skin/pigmentation) R600 30% Deluxe Facial R750

50% Power Peel (for pigmentation/uneven skin texture) R700 50% Deluxe Facial R800

Double Impact Peel (strongest peel we have) R950

**Add on Dermaplaning to any Facial 30min R250**

Dermaplaning is a procedure where an aesthetician uses a scalpel to carefully exfoliate the outer layers of dead skin. It gets rid of dirt and vellus hair (also known as “peach fuss”), to promote deeper product penetration, making the skin look and feel smoother.

TEETH WHITENING

**PURE SMILE ORGANIC TEETH WHITENING 45min R 850**

- 100% Natural, painless, and affordable teeth whitening. This self-administered treatment, in combination with our LED light, may lighten teeth by 1- 4 shades (on natural enamel only – it will not lighten synthetic fillings/teeth). It contains NO PEROXIDE.

GUIDELINES

* Bookings in advance are recommended (especially during busy periods where we might have limited availability).
* Please arrive 10 minutes prior to your scheduled treatment time to complete a client card and enjoy refreshments.
* In spirit of mutual respect, we kindly request punctuality.
* Please ensure that your mobile phone is switched off or on silent during your visit to the salon.
* Late arrivals will result in a reduction of treatment time, whilst the full treatment fee will apply.
* We regret that “no shows” will be requested to pay 50% of the amount for the treatments booked.
* Treatments of 1 hour or longer, as well as group bookings will be charged a non refundable booking fee.
* Regrettably children under the age of 12 years (unless they are receiving a treatment) cannot be accommodated as their behavior is often disruptive.
* If you are feeling ill or experience flu like symptoms, please give us advance notice to reschedule.
* Remember to always wear your mask before entering our premises.
* Spa Marine Wellness & Make-Over Centre is not responsible for any theft, damage, loss or misfortune that may occur.
* All prices are VAT inclusive and are subject to change without notice.
* Disclaimer – terms and conditions are subject to change.

CANCELLATION POLICY

* 24 Hour notice is required for cancellations and rescheduling. Failing this, 50% of the treatment fee will be charged with your next treatment.

DISCOUNTS

* **Loyalty Card** – Regular clients will be rewarded with a loyalty card, which gives an average amount spent back in treatments, after 11 visits to the salon. Already discounted treatments or product purchases cannot be used on the Loyalty Card.
* **Pensioners Card** – Pensioners will get the loyalty card benefits plus a further 10% discount on all treatments, on Tuesdays and Wednesdays only. Already discounted treatments or product purchases cannot be used on the Pensioners Card.
* **Birthdays** – Upon presentation of your ID, you will get a 20 % discount on all your treatments (except on already discounted Spa Packages) done within your birthday week.

GIFT VOUCHERS

A gift voucher (of any amount) makes the perfect gift for any occasion (whether it is for a birthday, anniversary or a corporate function) and is valid for 3 months from the date of issue.

CONTACT US

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